

PERSONAL BAG – MetroSafe 300

- € Umbrella
- € Toilet paper (without roll), water squirt bottle,
- € Antibacterial wipes
- € Detergent, spot remover (Tide to Go)
- € Chapstick
- € Band-aids
- € Moleskin (for blisters)
- € Plastic water bottle (collapsible)
- € Dark glasses, retainer, case
- € Reading material
- € iPhone* (with charger system, headphones)
- € Ear plugs
- € Extra batteries?
- € Netbook, that fits in 10.5" x 11.5" x 1.5" (AC adapters, network cable, SD card)
- € USB Flash Drive
- € Electronic copies of all documents
- € Digital manuals for all trip equipment
- € Portable applicataions
- € Journal/sketchbook/memo pad w/pen or pencils
- € Stamps
- € Traveller's checks
- € 2 personal checks
- € Documents (in back pouch of bag, perhaps in a baggie for quick and easy extraction)
 - Tickets
 - Itinerary
 - Photocopy of driver's License
 - Passport
 - Photocopy of first page of passport
 - Entry visa (or required paperwork)
 - Currency (valid at destination)
 - Copies of prescriptions for medications
 - Copies of prescriptions for vision
 - Trip itinerary
 - Flight confirmation
 - Hotel confirmation

- List of key phone numbers
- Health Insurance information

MONEY CLIP

- € Money clip
- € Driver's license
- € ATM card/Credit card/RCCL Membership card
- € Cash

PHOTO EQUIPMENT

- € Pentax Optio W60 (stills, movies, underwater), waterproof to 10 ft (3 M) and
- € Camcorder?
- € Camera bag(s)
- € Chargers

PERSONAL ITEMS

- € Travel Kleenex
- € Hand sanitizer
- € Spare eyeglasses
- € Lens cleaning cloth
- € Spare contact lenses
- € Contact lenses case
- € Contact lenses solution
- € Disposable razor
- € 1 qt (Ziploc®) plastic bags for toiletries
- € Toothbrush
- € Toothpaste
- € Floss
- € Shaving oil/cream (3oz max)
- € Shampoo (3oz max),
- € Brush/comb
- € Bar soap & container
- € Deodorant
- € Nail clippers
- € First-aid kit (see our first-aid checklist)
- € Prescription medications
- € Vitamins
- € Analgesic of choice

- € Diarrhea treatment of choice
- € Infection treatment of choice
- € Insect repellent
- € Tweezers
- € Sunscreen (3 oz max)
- € Woolite (3 oz max)

LUGGAGE (9 x 14 x 22 max)

- € Rick Steves Convertible Carry-on
- € Luggage tags (2 per bag)

MISC

- € Lightweight duffel/laundry bag
- € Dry bag for wet clothes
- € Whistle
- € Door stop [for security]

CLOTHES

- € Worn to the airport
 - Blazer or sport coat
 - Shirt, silk or nylon or cotton/polyester blend
 - Pants, lightweight or lighter-weight, for both walking and dining
 - belt (reversible)
 - one wicking T-shirt
 - 1 pair dressy slip on (for airport) shoes
- € “Bundle wrapped” in luggage
 - Shirts (up to four), silk or nylon or wicking cotton/polyester blend
 - one aloha shirt
 - Pants, lightweight or lighter-weight, for both walking and dining
 - Baggies Shorts / Nike Shorts (2 max)
 - 3+ pairs wicking socks
 - Patagonia's LW Hiking Crew Socks (\$15.50) dry overnight
 - 2 pairs wicking undergarments (ExOfficio briefs)
 - necktie
 - baseball cap
 - 1 pair walking shoes that can be worn to dinner
 - flip-flops or sandals
 - fleece jacket (liner from my red coat?)

* The iPhone offers multiple domestic travel services:

- ❖ Google Maps – location, navigation, points of interest
- ❖ 2 MP camera
- ❖ Email
- ❖ Internet
- ❖ UrbanSpoon – US restaurants
- ❖ Map Search – hotels, restaurants, hospitals, etc.
- ❖ HearPlanet – info about POI interest close to where you are
- ❖ Flight Update – tracks flights, recommends alternate routes
- ❖ BUT roaming charges are excessive once out of the country, (wireless is still good)